



## SUBLIME/ IMPRESSIONS/ RECOVER Product Care Guidelines

All Trulife breast forms are carefully crafted from the finest quality materials.

To ensure long lasting satisfaction and performance, please follow these care recommendations:

- Treat the breast form as you would your own skin/body.  
Do not pinch or wring the breast form at any time.  
Take care not to stretch or pull the back of the product as this may cause small tears in the silicone honeycomb core.
- Consider the option of being measured and fitted by a professionally trained mastectomy fitter.  
This will ensure proper bra fit and increase the comfort, benefits and accuracy of a properly fitted prosthesis.
- Avoid applying perfume, deodorant, cream, moisturizer, tanning products or any lotions to the breast form.
- The prosthesis should only be worn when the surgical site is completely healed.  
Please consult with your physician before wearing a silicone prosthesis.  
Do not wear if skin is broken or irritated. If any irritation occurs, discontinue use immediately and contact your physician.

**Note: The prosthesis is a 100% natural silicone product and may release minute amounts of natural oils over time. This is perfectly natural and will not adversely affect the product or the user in any way.**

### Routine Cleaning of the Prosthesis

Wash the prosthesis as often as required by following the steps below:

- 1: Apply a pea size amount of antimicrobial soap to a wet cloth and use this to wash the breast form, front and back. Wipe with a dry cloth. Alternatively, you may wish to use an antimicrobial wipe.
- 2: Once a week bathe the breast form by submerging in warm water and soap.
- 3: The honeycomb core of your prosthesis product will retain water. To extract this water, squeeze excess water out after rinsing. Then place the back of the breast form onto an absorbent towel and press down repeatedly on the form. Consider washing at evening time and leave to dry, face downwards (with the back exposed), overnight, or dry with a hairdryer on a medium heat setting.
- 4: To further enhance the silky soft feel you may wish to apply talcum powder evenly over the front of the breast form.

### Fitting the Prosthesis in a Pocketed Bra- Sublime & Impressions only

- 1: Hold the front side of the breast form in the palm of your hand.
- 2: Place hand with breast form into the pocket of the bra.
- 3: Use your hand to align and position the breast form as required.
- 4: To remove the breast form from the pocket, place your hand into the pocket in front of the breast form, then remove your hand and breast form together.

Avoid pulling or overstretching the breast form when removing from the bra pocket.

### Warranty

In the event that your breast form becomes defective within the warranty period, please contact your provider to arrange for a replacement product.

Please note that small tears in the honeycomb core are expected over time but in no way affect use, integrity, fit or shape and are not considered a defect.

### Disposal Instructions

Please dispose of your breast form in accordance with local and national laws and regulations.